



SOTENI MEANS "all of us together"

Our mission is simple: We are working in rural Kenya to prevent and mitigate the effects of diseases, especially HIV/AIDS through community-based programs.

Together, we can do more...



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AIDS BAREFOOT DOCTORS

This program allows community health workers to provide home-based care, group therapy and education to people living with HIV/AIDS.



CLEAN WATER

In partnership with Procter & Gamble, Children's Safe Drinking Water. SOTENI's AIDS Barefoot Doctors distribute clean drinking water to people living with HIV/AIDS and their families.



COMMUNITY-BASED PROGRAMS

Villages of Hope are communities in which SOTENI delivers need based programming, such as health clinics, community centers and income generating activities.

FOUNDER'S MESSAGE

Recently, a family member asked me why I thought SOTENI has succeeded. The question surprised me, because so often I'm aware of how much more we have to do to eliminate HIV/AIDS.

I then considered SOTENI's history and the thousands of people who have healthier, happier, and more hopeful lives because of SOTENI's work in education, clean water, women's empowerment, social support, diminished stigma, better medicine and so much more.

Three major factors have helped SOTENI succeed. First, local leadership by Kenyans who are affected by HIV/AIDS. Their guidance has led to the second factor; SOTENI's willingness to intervene in ways that matter on the ground. And third, people like you continue to help – through volunteering, spreading the word and donating. Not just once or twice, but many, many times.



SOTENI is because you are. Thank you for your many ways of supporting SOTENI.

Victoria Wulsin, MD, DPH

Founder & Vice Chair, SOTENI International

LETTER FROM BOARD CHAIR

It is my pleasure to share our Annual Report with you which reflects some of the successful milestones we have hit in a year of great change for SOTENI International. Over the last few months, we have further reaffirmed our commitment to our programs in Kenya by developing our new Strategic Plan. This Plan lays out a clear, realistic vision for reaching our mission of preventing the effects of diseases through community-based programs; improving and sustaining the quality of our programs; telling our story with data; and ensuring a strong, aligned organization both in Cincinnati and Kenya.

The cornerstone of the Strategic Plan is all of us, together - as supporters of SOTENI, we all have a role to play in its realization and success. We invite you to join as we push forward over the next three years - and beyond - to bring the best quality health services to people living with HIV and AIDS in Kenya.



Please check out the Strategic Plan at: www.soteni.org
Thanks for all that you do! With great appreciation,

Alex Vrazo, PhD

Chair, SOTENI International Board of Trustees

BE PART OF OUR VILLAGE

SOTENI International believes in working together to affect change. Your support makes us part of the same village of hope, united in a common vision and cause- all of us working together to prevent AIDS.

MAKE A GIFT

A little goes a long way. Your gift of \$25, \$50 or more will directly support SOTENI AIDS Barefoot Doctors, our community clinic and empowerment center and community-responsive programs.

Visit soteni.org/donate

GET INVOLVED

Volunteer locally in Cincinnati to help us build our capacity to serve more individuals and communities in Kenya.

Visit soteni.org/get-involved

SHARE OUR STORY

Follow us on Facebook, Instagram and Twitter and amplify our message by sharing with your friends.

- www.facebook.com/SOTENI
- [@soteni_international](https://www.instagram.com/soteni_international)
- www.twitter.com/SOTENI

AIDS BAREFOOT DOCTORS (ABDs)



Contributing to breaking the cycle of poverty and AIDS in rural Kenyan villages, ABDs are community members/health workers who provide home-based care, group therapy and education to people living with HIV/AIDS. In our three SOTENI Villages of Hope, ABDs facilitated the following:

MTAKALO

53 SUPPORT GROUPS **6,075** TOTAL GROUP PARTICIPANTS

636 SESSIONS HELD **270,884** P&G PURIFIER OF WATER PACKETS DISTRIBUTED

MITUNTU

33 SUPPORT GROUPS **4,299** TOTAL GROUP PARTICIPANTS

396 SESSIONS HELD **89,738** P&G PURIFIER OF WATER PACKETS DISTRIBUTED

UGUNJA

54 SUPPORT GROUPS **10,769** TOTAL GROUP PARTICIPANTS

646 SESSIONS HELD **344,673** P&G PURIFIER OF WATER PACKETS DISTRIBUTED

COMMUNITY-BASED PROGRAMS IN SOTENI VILLAGES OF HOPE

MTAKALO

MTAKALO HEALTH CENTER SERVED

2,945 Total Patients
2,077 Outpatients
641 Children
112 Expectant Mothers
105 Family Planning Patients

MARY KIBOR EMPOWERMENT CENTER

286 Social Program Attendees
45 Tutored Students

MITUNTU

FRIENDS OF KIANJAI KENYA PARTNERSHIP

99 Students received life skills training, school fees and social support.

This reduces financial burden on parents, rate of dropout among people living with HIV/AIDS and helps students transition to higher learning institutions.

WATERMELON PROJECT

Mituntu implemented a successful one-acre watermelon project with a profit margin of **\$652**.

UGUNJA

FAMILY PLANNING PROGRAM

2,658 Men & Women Enrolled
2,502 Graduates of the Program
980 People Tested for HIV/AIDS
480 Family Planning Sessions
862 Resources Distributed

PEDIATRIC ADOLESCENTS TREATMENT

100 Girls Recruited
98 Graduated



Over 16,000 people in SOTENI Villages of HOPE received access to safe drinking water through the P&G Purifier of Water packets, distributed by SOTENI AIDS Barefoot Doctors between April 1, 2018 and March 31st, 2019,

Why is clean water so important to SOTENI's mission?

- 1 Many anti-retroviral treatments and drugs that HIV/AIDS individuals require need safe drinking water in order to be effective.
- 2 When mothers with HIV/AIDS elect to feed their infants with formula instead of breast milk, safe drinking water is needed to mix the milk formula. Unsafe water puts babies at risk of contracting life-threatening diseases and infections.
- 3 Each P&G Purifier of Water packet treats 10 liters of potentially dangerous, contaminated water in just 30 minutes.

Through Procter & Gamble's Children's Safe Drinking Water Program, SOTENI AIDS Barefoot Doctors distributed over 700,000 P&G Purifier of Water packets to over 16,000 individuals living with HIV/AIDS and their family members last year.

SOTENI International is proud to announce that P&G's Children's Safe Drinking Water Program (CSDW) has extended its partnership with SOTENI to **provide clean water to rural Kenya through 2020**. Since 2010, P&G's CSDW program has provided support to SOTENI's AIDS Barefoot Doctors Clean Water outreach.

With this renewed support, SOTENI aims to increase distribution of water purification packets by 23%; reaching more than 2,000 families a month, who are living with HIV/AIDS.

The P&G Children's Safe Drinking Water Program was launched in 2004 and recently celebrated delivering 15 billion liters of clean drinking water in more than 90 countries.



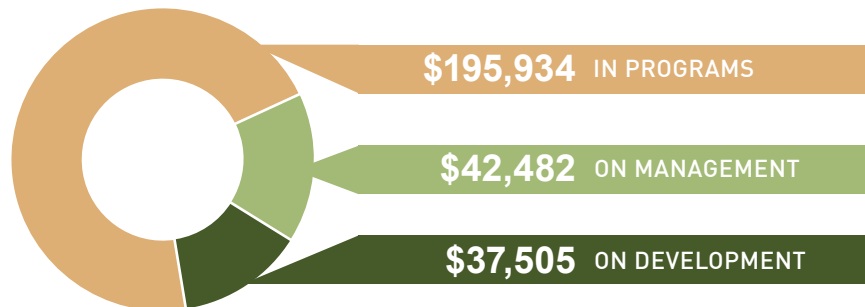
2018-2019 FINANCES & RESOURCES

Thank you to Tim Deasy, Treasurer

Together, We Raised:



SOTENI Invested: (Actual spending in 2018-19, which includes 2017-18 grants)



You Made an Impact:

- 51** Volunteers contributed leadership, capacity building and operations and communications support.
- 5,186** Volunteer hours in both Kenya and the US.
- 270** Donors helped sustain the programs and meet SOTENI operating expenses between 2018-2019.

We are excited to announce that the SOTENI BRIDGE Fellowship program in Kenya was launched, with Aengus Nelson, Xavier University Class of 2019 and Martin de Aubeyzon, candidate, Columbia University, Master of Public Administration.



SOTENI welcomed Amb. Pamela Bridgewater to the Freedom Center in March.



Robert Wanga with Aengus Nelson and Martin de Aubeyzon.

A MESSAGE FROM THE EXECUTIVE DIRECTOR

SOTENI was founded 16 years ago with a vision to be the best model for preventing AIDS in vulnerable communities around the world. Last year alone, SOTENI served **over 17,000 individuals and families** living with HIV/AIDS in rural Kenya. We did this through our flagship program, AIDS Barefoot Doctors, our clean water partnership with Procter & Gamble's Children Safe Drinking Water program, and community-responsive programs in SOTENI Villages of Hope including a health clinic, a community business and learning center, agriculture projects and income-generating activities.

As you read through this Annual Report, we know you will be proud of the work SOTENI is doing, and we hope you recognize your vital part in advancing SOTENI's vision. Your ongoing support is the reason SOTENI is able to create a vision and plan for our strategic growth, outreach and engagement. Thank you for being with SOTENI, as a supporter and friend as we move forward together.

I would like to extend a warm welcome to SOTENI's Development Specialist, Veni Aibinder. Veni joined the staff last fall and has been a tremendous addition to our team.



In the spirit of community,

Jenny Brady, MPA
Executive Director

LETTER FROM THE PROGRAM DIRECTOR

I would like to thank you for the support you've provided me in my first year as SOTENI Kenya Program Director. I would like to recognize the SOTENI Kenya staff for their contribution towards making this year a success. Your commitment, sacrifice, and resilience to serve our community is admirable.

Thank you to my SOTENI International colleagues, Jenny Brady and Veni Aibinder, who have been instrumental in this year's success. Finally, I would like to thank all international partners who have supported our work. Your trust and consistent support is what keeps SOTENI Kenya alive.

This year we hope to expand our reach in the communities we serve. Currently, 29 more support groups have been recruited for the P&G project, meaning we are expanding our presence at the grassroots level. In anticipation of growth, we hope to identify untapped areas aligned to our mission.



Asante (thank you) and God bless,

Noreen Obilo
Program Director

2018-2019

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